

PROGRAMME - Voyage d'étude
« Au cœur de la santé mentale, vivez l'expérience danoise »
Du 4 au 7 juin 2019

* Ce programme est non-exhaustif, il peut être soumis à de légères modifications dans le contenu.

Tuesday 4th of June, 2019	
Introduction	
11:00	<i>Departure from Paris CDG</i>
12:50	<i>Arrival at Copenhagen Airport, pick-up and transport</i>
15:30 - 17:00	<p>Introduction to the Danish healthcare system and the national strategy within psychiatry</p> <p>Address: Dampfærgevej 22, 2100 København Ø</p> <p>On September 1, 2015, a national diagnosis and treatment guarantee became effective for psychiatric patients. The guarantee gives psychiatric patients a right to be diagnosed and receive a detailed treatment plan within 30 days, as well as the right to choose their hospital. The Danish Regions and the Danish government have agreed to minimize the use of coercion by 2020.</p> <p>This introductory session will give insight into the Danish healthcare system and the Danish strategy within psychiatry.</p> <p>Mr. Tommy Kjeldsgaard, Head of Department of Center of Health Technologies, Business cooperation and Regional Development at Danish Regions</p>
17:00 – 17:30	<i>Transport to hotel and check-in</i>
19:30	Dinner in Copenhagen

Wednesday 5th of June, 2019	
08:30 - 09:00	<i>Departure from hotel and transport</i>
09:00 - 10:00	<p>Morning sessions: focus on early intervention and keeping the patients outside the hospital</p> <p>OPUS, a special social psychiatric offer for young people</p> <p>Address: Hans Kirks Vej 6, 2200 København N</p> <p>OPUS started out as a research project but has now – based on strong evidence - been accepted and implemented throughout Denmark OPUS is a social psychiatric program targeted young people aged 18 to 30 with first-episode psychosis. The program is based on intensive family support and counselling as well as different individually-tailored social and psychiatric treatment offers.</p> <p>Ms. Tina Sung Mi Iversen, Social worker and Manager of OPUS Vesterbro</p>
10:00 - 10:15	<i>Break</i>
10:15 - 11:00	<p>Mind my Mind</p> <p>Mind My Mind is an individual training course for children and young adults between the ages of 6 and 16 years. The course lasts 13 weeks and participants learn</p>

	<p>methods to tackle anxiety, depression and/or maladjusted behavior. The parents train methods to reduce conflicts and increase the positive time with their child. Mind My Mind training courses are based on known psychological principles and is offered by trained psychologists.</p> <p>Ms. Pia Jeppesen, Head of Research, Chief Physician, PH.D., Clinical Lecturer, Copenhagen University</p>
11:00 - 12:00	<p><i>Transport to Slagelse</i> Sandwiches will be served on the bus</p>
12:00 - 14:00	<p>Visit to the psychiatric hospital in Slagelse</p> <p>Address: Fælledvej 6 4200 Slagelse</p> <p>The psychiatric hospital in Slagelse is the newest and most modern psychiatric hospital in Denmark – it has been up running since November 2015. The elements of color, light, glass, and nature are incorporated into the architecture and physical spaces of the hospital in a way that promotes mental wellbeing. The 5-storey greenfield building is 44.000 m² and has 650 employees. The hospital has 194 beds, including 50 forensic psychiatric beds and 30 beds in a secured ward.</p> <p><i>Organizational structure Management challenges Efficiency targets Architecture (healing elements, outdoor areas, light and sound) Reduction of use of coercion</i></p>
14:00 - 15:00	<p><i>Transport to Odense</i></p>
15:00 - 17:00	<p>Visit to the Shared Emergency Department at OUH – Focus on the collaboration with the psychiatry department</p> <p>Address: Klørvænget 25, 5000 Odense C</p> <p>Denmark's largest emergency department is situated at the University Hospital of Odense (OUH). Spanning 3 floors and 400 rooms, the department has integrated the functions of emergency rooms, trauma, diagnostics, on-call GPs and observation wards in one department.</p> <p>Presentation of the department Tour of the department The collaboration with the psychiatric department</p> <p>Mr. Michael Hansen-Nord, Chief Physician, Head of the Emergency Dept. & psychiatrist</p>
17:00 - 17:45	<p>SIND - the Danish Association for Mental Health – The patient's view (TBC)</p> <p>A member driven organisation working for understanding and acceptance of mental illness among relatives, colleagues, employers and generally in the society.</p>
17:45 - 18:00	<p><i>Transport to hotel</i></p>
19:30	<p><i>Dinner in Odense</i></p>

Thursday 6th of June

08:30 - 09:00	<i>Departure from hotel and transport</i>
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09:00 - 10:00	Presentation of the Center for Telepsychiatry
Address: Heden 11, lokale s1 og s2., 5000 Odense C	Center for Telepsychiatry is the first of its kind in Denmark. The center is a working clinical department of psychiatry in The Mental Health Services, Region of Southern Denmark. The center also houses Denmark's first research unit for research in e-mental health and the 'Internet Psychiatry' initiative, one of the five national telemedicine initiatives. Mr. Claus Færch, Head of Department and Manager of Centre for Telepsychiatry at Region of Southern Denmark
10:00 - 10:45	Forensic psychiatry and how to work with rehabilitation
Address: Odense	Forensic psychiatry in Denmark The assignment of ensuring society against new crimes as well as ensuring satisfactory and qualified psychiatric treatment for the sentenced patients Rehabilitation of patients admitted to a forensic psychiatric in Denmark Mr. Peter Fristed, Chief Physician of Psychiatry at Middelfart Hospital, Region of Southern Denmark
10:45 - 11:00	<i>Break</i>
11:00 - 11:45	Round table discussion on sustainable hospitals
Address: Odense	Just as in France, Denmark is going through a transformation of its hospital landscape and is currently redesigning how a hospital should work to make it ready for future challenges. Targets are to increase productivity and shorten the average stay while maintaining the quality. Denmark has a long tradition of public-private partnerships and the companies play an important role in this new design. During this session, a selection of companies will present and exchange on new solutions enabling more efficient workflows and processes.
11:45 - 12:30	<i>Lunch</i>
12:30 - 13:00	Local psychiatric services
Address: Odense	How does the local and regional psychiatric services function and work together to ensure the best outcome for the psychiatric patients? Chief physician Sonja Rasmussen in psychiatry, Region of Southern Denmark
13:00 - 15:00	<i>Transport to Copenhagen</i>
	<i>Canal Trip</i>
20:00	<i>Dinner in Copenhagen</i>

Friday 7th of June	
08:00 - 09:00	<i>Departure from hotel and transport</i>
09:00 - 10:30	Visit at ORION housing and rehabilitation center
Address:	The Social Psychiatric and rehabilitation Center Orion is a home for adults with particularly complex psychosocial difficulties. Residents typically have been to psychiatric hospitals several times before they arrive here, some have been

<p>Københavnsvej 33, DK-3400 Hillerød</p>	<p>convicted for violence and many have been excluded from other housing centers. The personnel at Orion collaborate with the residents and agree on so-called “feel safe plans” (collaboration agreement) in order to avoid or limit that the resident and employees are hurt. The “feel safe plan” is a part of the residents’ individual plan regarding collaboration, wishes, goals and dreams.</p> <p>The center comprises of 38 housing units, a hostel and a cultural center with a café, gym, computer cafe, workshops, music room, etc.</p> <p>Mrs. Line Torp Abiltrup, Manager at ORION</p>
<p>10:30 - 11:30</p>	<p><i>Transport from Hillerød to inner city of Copenhagen</i></p>
<p>12:00 - 13:00</p>	<p><i>Lunch</i></p>
<p>13:00 - 13:45</p>	<p><i>Transport to airport</i></p>
	<p><i>Check-in</i></p>
<p>14:35</p>	<p><i>Departure for Paris</i></p>
<p>16:35</p>	<p><i>Arrival in Paris CDG</i></p>